

「让我们重新想像」活动

重新想像失智联盟创作了一首原创歌曲与影片—「让我们重新想像」，介绍在转化失智症的文化中，创造性所带来的力量，并邀请来自全球的大家参与我们这个改变的行列。

Let's Reimagine Campaign www.reimaginingdementia.com

The Reimagining Dementia Coalition has created an original song and video, *Let's Reimagine*, to introduce the power of creativity in transforming the culture of dementia and invite people across the globe to join us in making a difference.

好的, 让我们一起!

好的, 让我们创造每个人都可以蓬勃发展的社群。

好的, 让我们打破污名

好的, 让我们挑战歧视

我们重新想像失智症

从头到尾

我们是个草根联盟

投入创造、包容和彻底的改变。

创造新的方法去爱和希望

创造一个诊断不是生活的终点

而是新起点的世界

带来成长、欢乐和新可能性

在一起, 我们可以...

在一起, 我们将会...

在一起, 我们一定...

为每个人转化这场失智症的旅程

好的, 让我们一起!

Yes, Let's!

Yes, let's create communities where everyone thrives.

Yes, let's break the stigma.

Yes, let's challenge the discrimination

We're reimagining dementia

from beginning to end.

We're a grassroots coalition

committed to creativity, inclusion, and radical change.

Creating new ways to love and hope
and a world in which diagnosis
is not the end of life but a starting point
for growth, joy and new possibilities.

Together we can...

Together we will...

Together we must...

Transform the journey of dementia for everyone.

Yes, let's!

想要做出改变? 以下是你可以做的事情!

聆听这首歌曲, 并搭配观看这部短片「让我们重新想像」[Let's Reimagine](#)

- 和朋友、家人、社区组织、机构、疗养院、学校、大学, 教会、集会...等无论大小的群体分享这首歌曲和影片
- 透过通过社交媒体、电子邮件、新闻通讯、博客(部落格)、播客, 网路广播节目, 网站以及口耳相传的方式, 散播关于「让我们重新想像」活动的相关文字
- 可在此处取得发布新闻、[推特和电子邮件的参考文字](#)
- 向在地、区域和全国性的媒体介绍「让我们重新想像」活动, 或是将您的媒体名册寄给 Kate Fassbender (reimaginingdementia@gmail.com), 我们会和他们联系。
- 让我们知道您如何 / 已经被启发重新想像失智症—将您的笔记, 艺术作品, 照片, 诗歌, 影片等寄到 reimaginingdementia@gmail.com

- 参阅我们的「邀您行动」和成为我们的会员—并邀请其他人成为「重新想像失智：一个为了正义的创意性联盟」会员—您可以自由决定您的参与程度。

Want to make a difference? Here are just some of the ways you can!

- Listen the song and accompanying video *Let's Reimagine*
- Share the *Let's Reimagine* song and video with friends, family, community organizations, agencies and institutions, care homes, schools and universities, faith groups, conferences, gatherings both small and large, etc.
- Spread word about the *Let's Reimagine* campaign via social media, email, newsletters, blogs, podcasts, web radio programs, websites and word-of-mouth.
- Sample press release, posts and tweets and emails are available [here](#).
- Introduce the *Let's Reimagine* campaign to local, regional and national media – or send your media connections to Kate Fassbender at reimaginingdementia@gmail.com so that we can reach out to them!
- Let us know how you are/have been inspired to reimagine dementia – send your notes, art, photographs, poetry, videos and more to reimaginingdementia@gmail.com
- Read our [Call to Action](#) and [become a member](#) – and invite others to become members of – *Reimagining Dementia: A Creative Coalition for Justice* – it's free and your level of involvement is up to you.

我们也邀请您和您社群中的朋友以母语创作自己版本的「让我们重新想像」歌曲或影片。例如，您可以创作另外的歌词、另外的演说片段和 / 或念诵；创作吉他（或其他乐器）的版本，创作配合整首歌曲的舞蹈，或其他有创作性的表达方式—这都由您决定！

因为这就是我们以希望的讯息、人性、欢乐以及成长，传达到世界每一个角落的方式。

联盟会给您这首歌的歌词，和三种不同版本的音乐：

1. [人声与乐器的版本](#) (mp3)
2. [只有乐器的版本](#) (mp3)
3. [只有人声的版本](#) (mp3)

如果您想索取歌曲的 WAV 版本，请联系 simon.law@mac.com

We also invite you to create a version of the song and/or video in your native language and with people in your communities. For example, you could create additional lyrics,

additional spoken word sections and/or new chants; create a guitar (or other instrument) version, create a dance to the full song, and so much more – it's up to you!

Because this is *how* we will reach every corner of the world with our message of hope, humanity, joy and growth.

The Coalition will provide you with the song lyrics and three possible song tracks”

1. Full song with vocals and instrumentals
2. Instrumental only
3. Vocals only

如果您创作自己的版本，请在您的社群媒体中标志 (#reimaginingdementia)，如此一来，我们将能分享您的版本在我们的网站以及我们广大的社群的社群媒体上。

当然，不管您想要如何使用这首歌都可以，让我们一起继续重新想像！

If you do create your own version, **please tag (#reimaginingdementia)** in your social media so we can share your versions with our larger community/repost on social media and have on our website.

And however you want to use the song, let's keep reimagining!

[捐款支持联盟](#)